

Bonnie Brae

Mental Health & Wellness Team

Counselors

Lisa Jeffries (grades K-2)

Laura Kaniewski (grades 3-6 *returning mid-Nov.)

Kate White (Long term Counseling Sub Grades 3-6
*Sept.-Nov).

School Social Worker: Amy Marshall

School Psychologist: Grace Sizelove



School Counselors at BBES



Lisa Jeffries (grades K-2)

I grew up in Falls Church and attended elementary, middle & high school in FCPS.

I enjoy spending time with loved ones, sports, reading & traveling.

This is my 25th year as an educator in FCPS.

Bonnie Brae is an amazing place to work, learn and grow!



Laura Kaniewski (grades 3-6)

Hello, Scotties! I've lived in Northern Virginia for 12 years and have worked as a school counselor for FCPS for the last 10. I have a Master's Degree in counseling from George Washington University and this is my 4th year at Bonnie Brae.

I genuinely enjoy supporting the social/ emotional development of students in grades 3-6 by fostering warm and trusting relationships.

School Counseling at BBES

- Monthly Classroom School Counseling Lessons: Lessons tie into CASEL Core Competencies, FCPS' Portrait of a Graduate traits, and support Bonnie Brae's focus on equity and social awareness.
- Small Counseling Groups: Small counseling groups are aimed at improving skills in the areas of personal/social, academic and career development.
- Individual Counseling: Brief, solution-focused counseling support in a one-on-one setting.
- Crisis and Behavior intervention: Includes gentle deescalation of student behavior and conducting suicide risk assessments and threat assessments
- Consult: We work with teachers, parents, students, staff, & admin to support our students and their families and help them be successful in and out of the classroom.

[Click here to learn more about School Counseling Services in FCPS](#)

School Social Worker: Amy Marshall



Hi Scotties! This is my 4th year at Bonnie Brae and I love being a part of this school community.

I'm originally from Indiana and moved to Virginia in 2018. I got my Master's of Social Work from Indiana University. I love living in Northern Virginia and being close to my family here.

I love getting to know our Bonnie Brae students and their families. As the school social worker, I help families find community resources, make mental health referrals, and work with parents and teachers to address the social-emotional needs of students.

Days at BBES: Mon afternoons/Tues/Fri.

School Social Workers in FCPS

FCPS school social workers are committed to assessing and addressing those social, emotional, and behavioral factors that may stand in the way of students realizing their promise.

How We Help Students, Families, and Schools:

- Serve as liaison between home, school, and community
- Link students and families to community resources to address issues such as poverty, chronic absenteeism, trauma, and child abuse
- Provide individual and group counseling to students
- Participate in student-centered meetings to address academic, mental health, and behavioral needs
- Provide crisis interventions to include conducting suicide risk assessments and threat assessments

School Psychologist: Grace Sizelove



Hi Scotties! This is my 1st year with Bonnie Brae & FCPS and my 7th year as a practicing school psychologist!

I'm originally from San Francisco, CA and moved here just a few weeks ago! I'm enjoying exploring all that the DMV has to offer and am excited to be a part of the BBES community!

As your School Psychologist, I'm here to support with and care for our students' academic success and social and emotional well-being. My role includes working directly with students as well as consulting with and supporting our school, staff, and families.

Days at BBES: Mon/Tues/Wednesday.

School Psychologists in FCPS

We collaborate with family, staff, and providers to help foster and support positive social, emotional, & academic achievement for students.



- **Counseling**: implement evidenced-based techniques to foster social skills, address mental health concerns, and enhance self regulation skills.
- **Assessment**: explore students' strengths and areas of need to aid school teams in identifying educational needs and generating interventions.
- **Consultation**: collaborate with staff, families, and providers to develop a well-rounded understanding of and approach to the student's needs
- **Crisis Support**: are members of Crisis Teams, which intervene as necessary when schools are impacted by a traumatic event, and help support students in crisis.

Links and Resources

- [Mental Health Resources and Emergency Services Information](#)
- [Health, Mental Health, and Community Resources](#)
- [Parent Resource Center](#)
- [Behavior Support Resources for Home](#)
- [Resources for Military Families](#)